



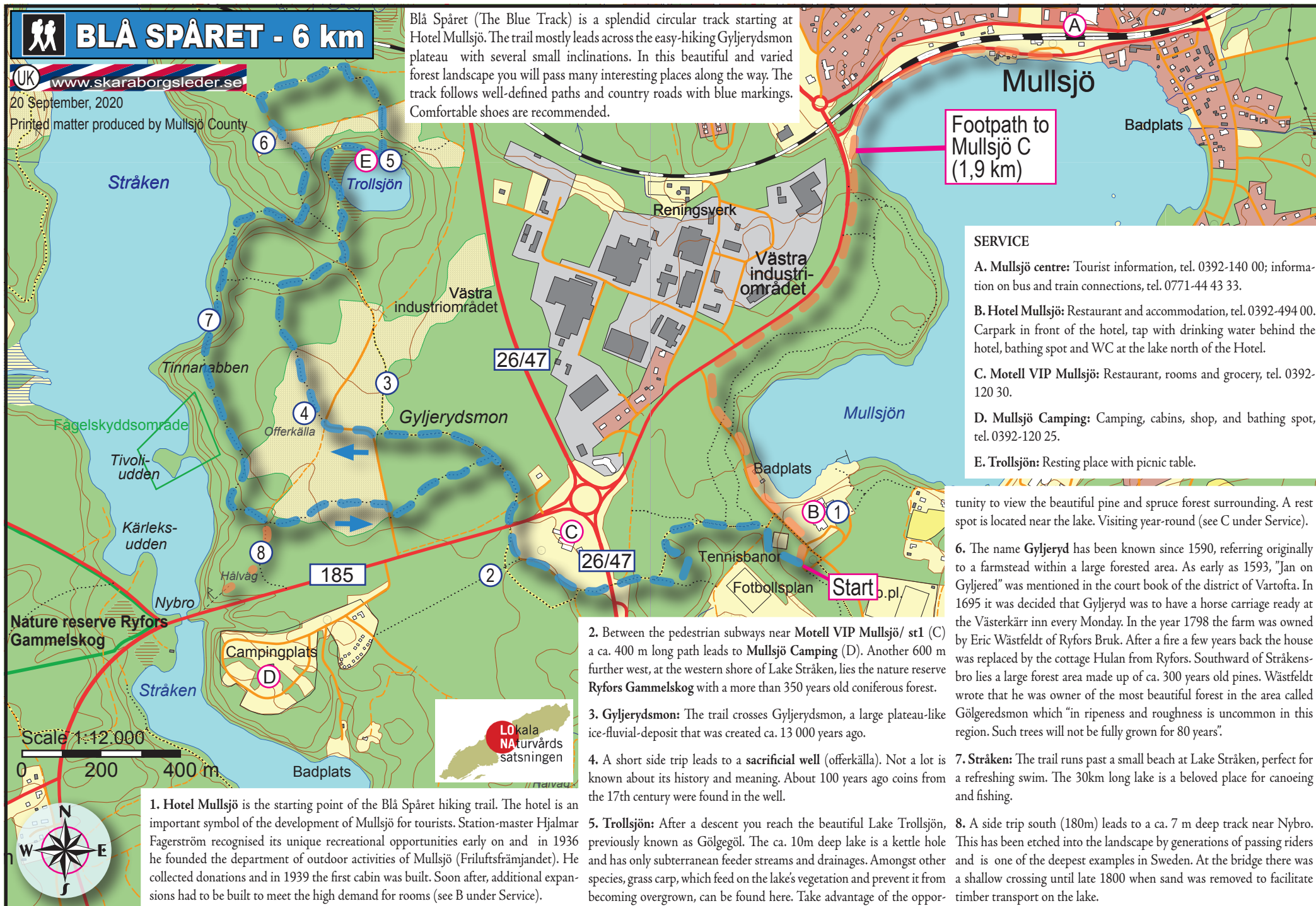
BLÅ SPÅRET - 6 km

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Blå Spåret (The Blue Track) is a splendid circular track starting at Hotel Mullsjö. The trail mostly leads across the easy-hiking Gyljerydsmon plateau with several small inclinations. In this beautiful and varied forest landscape you will pass many interesting places along the way. The track follows well-defined paths and country roads with blue markings. Comfortable shoes are recommended.



SERVICE

A. Mullsjö centre: Tourist information, tel. 0392-140 00; information on bus and train connections, tel. 0771-44 43 33.

B. Hotel Mullsjö: Restaurant and accommodation, tel. 0392-494 00. Carpark in front of the hotel, tap with drinking water behind the hotel, bathing spot and WC at the lake north of the Hotel.

C. Motell VIP Mullsjö: Restaurant, rooms and grocery, tel. 0392-120 30.

D. Mullsjö Camping: Camping, cabins, shop, and bathing spot, tel. 0392-120 25.

E. Trollsjön: Resting place with picnic table.

tunity to view the beautiful pine and spruce forest surrounding. A rest spot is located near the lake. Visiting year-round (see C under Service).

6. The name Gyljeryd has been known since 1590, referring originally to a farmstead within a large forested area. As early as 1593, "Jan on Gyljered" was mentioned in the court book of the district of Vartofta. In 1695 it was decided that Gyljeryd was to have a horse carriage ready at the Västerkärr inn every Monday. In the year 1798 the farm was owned by Eric Wästfeldt of Ryfors Bruk. After a fire a few years back the house was replaced by the cottage Hulan from Ryfors. Southward of Stråkensbro lies a large forest area made up of ca. 300 years old pines. Wästfeldt wrote that he was owner of the most beautiful forest in the area called Gölgeredsmon which "in ripeness and roughness is uncommon in this region. Such trees will not be fully grown for 80 years".

7. Stråken: The trail runs past a small beach at Lake Stråken, perfect for a refreshing swim. The 30km long lake is a beloved place for canoeing and fishing.

8. A side trip south (180m) leads to a ca. 7 m deep track near Nybro. This has been etched into the landscape by generations of passing riders and is one of the deepest examples in Sweden. At the bridge there was a shallow crossing until late 1800 when sand was removed to facilitate timber transport on the lake.

1. Hotel Mullsjö is the starting point of the Blå Spåret hiking trail. The hotel is an important symbol of the development of Mullsjö for tourists. Station-master Hjalmar Fagerström recognised its unique recreational opportunities early on and in 1936 he founded the department of outdoor activities of Mullsjö (Friluftsförbundet). He collected donations and in 1939 the first cabin was built. Soon after, additional expansions had to be built to meet the high demand for rooms (see B under Service).

2. Between the pedestrian subways near Motell VIP Mullsjö/ st1 (C) a ca. 400 m long path leads to Mullsjö Camping (D). Another 600 m further west, at the western shore of Lake Stråken, lies the nature reserve Ryfors Gammelskog with a more than 350 years old coniferous forest.

3. Gyljerydsmon: The trail crosses Gyljerydsmon, a large plateau-like ice-fluvial-deposit that was created ca. 13 000 years ago.

4. A short side trip leads to a sacrificial well (offerkälla). Not a lot is known about its history and meaning. About 100 years ago coins from the 17th century were found in the well.

5. Trollsjön: After a descent you reach the beautiful Lake Trollsjön, previously known as Gölgegöl. The ca. 10m deep lake is a kettle hole and has only subterranean feeder streams and drainages. Amongst other species, grass carp, which feed on the lake's vegetation and prevent it from becoming overgrown, can be found here. Take advantage of the oppor-